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ODYSSEY



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PRESIDENT'S MESSAGE

Dear Rotaractors,

Here we are with a brand New Calendar Year - 2023. After concluding 6 wonderful months of RI year 2022-23. The start of the first quarter was a challenge but we embraced the transition to a physical context in a strong manner establishing a strong foundation for the year. Going according to that environment we created, we warmly welcome the 2nd quarter as well to Rotaract Mora. It is with much pleasure and delight I am reminiscing the memories we had in the first quarter and the impact we created as a club.

The 2nd quarter started off with the 27th Installation Ceremony which became a platform to celebrate the service of the Outgoing

Board of Officials and welcome the Incoming Board of Officials. Also one of the grand initiatives also took place in this period which is Monster Mash. As a financial project as well as a project which could bring a huge number of students from the University of Moratuwa to one place to celebrate Halloween. It became a place to witness the creativity of the Rotaractors as well introduce the club in a different form to the undergraduates. The very first Induction Ceremony for the RI year 2022-23 took a special place by celebrating the service of the youngest members of the club by inducting them and rewarding them as honorary mentions. It was a moment we welcomed the spirit of the spirit to the Rotaract Family. December and Christmas became another instance for the club bringing the charisma of the season into the club and with projects like Unseen Harmony, Upahara and also the Joint General Meeting and Fellowship celebration of West Family. These became platforms to embrace and celebrate everyone inclusively and share the joy with our fellowmen.

This quarter can be introduced as the peak of MentHer as well introducing and getting many partners on board to empower young ladies of the university. Continuing the legacy of Zooxanthellae, we made a set of well-occupied young divers from the club to take up the future challenges of protecting corals.



Ensuring the protection, some monitoring sessions were also conducted in Mirissa and Kamburugamu planted areas and got the good news of the successful progress. Furthermore this period was allocated for the planning stages of many significant projects which are going to bloom in the next 6 months. Among them Manusath Handa, Are You Ready, Boon Digiti, RMMUN took a special place. The largest Career Fair of University of Moratuwa, Are You Ready? 2023, started off the journey getting many potential partners on board and companies on board with the aspiration of providing job opportunities to the fresh graduates of the university.

While reaping the harvest of effort of the members in the first quarter, second quarter planted many seeds and nurtured them well that will create an impact in the rest of the year. I am very delighted to see how my little general members have adapted to the club, taking the full responsibility of the projects into their hands and creating wonders with them in a much comfortable manner. Throughout the quarter the best thing that my eye captured was their dedication and how they have taken up the legacy. Hope these living motivators will take the club to greater heights in the future as well to compete the rest of the 6 months in style.

We have completed only a half of our journey. There is a half of this journey to create an impact in society and the world. With the hope to see you all join with the club to give back to Rise, Shine and Illuminate Lives I pen off.

Charithma Hettiarachchi President 2022-23 Rotaract Club of University of Moratuwa

EDITORIAL MESSAGE



Concluding the second quarter of the remarkable Rotaract year of 2022–23, Rotaract Club of University of Moratuwa carried on its exceptional service forward with the clear vision of providing an opportunity for its extensive member-base to "Rise, Shine and Illuminate".

The club proceeded across a wide number of projects arranged under its main avenues, showcasing its excellence on a greater scale each time and never letting the stormy waves stop its sails. In this quarter's three months, both new and ongoing initiatives were embarked with the utmost passion and dedication, driving them to achieve the high standards. Rotaract Mora will continue to blaze a path for many, gliding over every challenge in the most miraculous approach.

The second quarter of Rotaract year 2022–23 was conducted with productive yet dedicated efforts and the success of these valiant efforts were merely the shout outs of the commitment of our members and the supporters who joined hands with us in this journey. While thanking each and every individual who has been a part of this endeavour, with a passion to explore new dimensions and develop ourselves to serve the community at our best, "Odyssey", the official newsletter is all set to unveil the second chapter of the year-long story while featuring the intrinsic talents of our very own Rotaractors.

Happy Reading!!!

RTR. SARASI YAPA
RTR. NEHA DASSANAYAKE
RTR. SAEEDHA NAZAR
(CO-EDITORS 2022-23 - ROTARACT CLUB OF UNIVERSITY OF MORATUWA)

CLUB SERVICE



Installation Ceremony

Co-chairs - Rtr. Tamashi Kaviraj Rtr. Yanush Abeyrathne

The Installation Ceremony was held on October 2, 2022 at the Civil Engineering Auditorium of University of Moratuwa, to felicitate the 27th incoming President of Rotaract Mora and her Board of Officials. Following a virtual ceremony last year, the legacy was carried on. The 27th installation ceremony was held inperson, with the participation of District 3220, Rotaractors from other clubs, along with the outgoing and incoming boards of directors. It was a wonderful evening that marked the beginning of a successful year with wonderful people on board.



Monster Mash

Co-chairs - Rtr. Pahan Theekshana Rtr. Nethmi Tharaka





After being stuck in a virtual world for more than two years, everyone was looking forward to onsite events more than ever. "Monster mash" was a novel initiation taken by the Club Service Avenue to reintroduce the classic culture of Rotaract Mora events to the new undergraduates of University of Moratuwa. In celebration of Halloween, "Monster Mash" was hoping to improve the interaction and fellowship among the undergraduates and Rotaractors.

The event took place in the old gym premises on 2nd of November from 7.30 p.m. till midnight. The organizing committee was more than surprised due to the astonishing crowd with over 450 participants. The night consisted of a horror film, face painting and other entertaining segments wrapping everything up with a blasting lively DJ session.

Monster Mash was the perfect event to break out from the virtuality the world was stuck in for the past two years. It can be said with confidence that the event was more successful than expected with the outnumbering crowd and the positive feedback from the participants who had enjoyed the fun evening to the maximum. With the hope of organizing more and more such events, the Rotaract Club of University of Moratuwa looks forward to the year 2023.

General Meeting November

Co-chairs - Rtr. Dulanga Kamesh Rtr. Nethra Bandara

The general meeting for the month of November was conducted physically on the 28th of November from 6.00 p.m. onwards at the ENTC-1 hall in university premises. One of the main goals of having these monthly general meetings is to show appreciation for the work the Rotaractors have done. Furthermore, it is an excellent opportunity for undergraduates to explore what Rotaract Mora is all about.

This general meeting was scheduled to be graced by the presence of District Rotaract Representative Rtn. Rtr. PP Ahmed Husain, though unfortunately he was not able to participate physically. However, he joined virtually and made the event a success.

After revisiting the month's work, checking up on projects' progresses, and recognizing the work of the Rotaractors, the event came to a close successfully with the promise of meeting again next month.

Christmas gathering

CO-CHAIRS - RTR. DANUSH WICKRAMASINGHE RTR. TAMASHI KAVIRAJ



"Unity is strength...when there is teamwork and collaboration, wonderful things can be achieved." – Mattie Stepanek

This December, the general meeting was planned under the Christmas theme with the participation of the Colombo West family including Rotaract Mora, Alumni Mora, ANC, NSBM and Colombo West Rotaract Club at the Royal College Skills Union Center with the overall participation of around 60 members. Colombo West Rotaract Club corporated more to embellish the surrounding with fantastic decorations. Normal procedures of the general meeting were fulfilled with presenting updates of the avenues of five clubs in accordance with the alphabetical order. As all the members were seated being mixed up from different clubs, they were able to acquaint themselves with each other and create stronger bonds among Rotaractors from other clubs while sharing their knowledge and experience.

Following that, a fellowship session was organized for enthusiastic participants. During the sessions, there were games and snack-time organized, which created more room to bring together the Rotaractors of Colombo West family.





COMMUNITY SERVICE



Shalom

CO-CHAIRS - RTR. ANUDI SHAMALKA RTR. RENUJA MUTHUGALA

"The greatest good is what we do for one another"

Shalom is a sub-project of the project "Connecting the Dots" which aims at developing the relationship between the catholic community in Negombo. After concluding the first phase successfully with the online sessions, we were able to conduct a physical Mathematics session in Negombo, for the second phase, with a great number of volunteers.



Hand-in-Hand

CO-CHAIRS - RTR. CHARITH BELPAGE RTR. THISARA MENUKA



"Hand in Hand" is one of the largest projects in the Rotaract Club of the University of Moratuwa. It is not only focused on cancer patients, but also on their loved ones, as well as on the facilities to brighten up the ward. Hand in Hand has previously made significant positive impacts, and with each passing day, we strive to provide larger and better services in the hopes of brightening people's lives. We were able to make a whopping 1.3 million rupees donation to the Child Cancer Hospital last May, and we were also able to raise a significant amount of money this year by selling stickers of artwork done by children fighting cancer, in the Colombo Shopping Festival 2022 at the BMICH.



Uphara

CO-CHAIRS - RTR. ANUPA PERERA RTR. NISALA YAPA

"Upahara is another newly-initiated project that falls under the umbrella of Community Service. In the first phase of this project, we were able to visit "Social Service Society And Home for Elders" and cherish them with gifts of 42 sarongs on Christmas day. The day was well spent, for we were able to join their Christmas event and spend time bonding with them. For phase two, we are planning on visiting them again to spend the whole day with them and brighten their day.

Nena Aruna

CO-CHAIRS - RTR. AVEESHA GEBALANA ARACHCHI RTR. YASOTHARAN VIRUDCHIKAN

"Gaining knowledge if the first step to wisdom, sharing it is the first step to humanity"

Nena Aruna project always focuses on uplifting the lives of students by sharing knowledge. This year the children in SOS village in Piliyandala were selected for the project. Tutoring sessions were conducted for Mathematics and Science for children from grades 6,7,8 and 9. Taking an extra step, children who were to face the G.C.E. Ordinary Level Examination, were prepped with weekend sessions for subjects Mathematics and Science.





Grama Prabodaya

CO-CHAIRS - RTR. OSHEN MADHUKA RTR. THENURA DEVNITH

"Grama Prabodaya is a project initiated in 2016 under community service avenue which mainly focuses on supporting rural villages in Sri Lanka which are in dire need of assistance and developing them into self-sustaining units. This year, under this project it was proposed to provide chosen facilities to Dikhena Kanishta Vidyalaya which is situated in Kalutara district. To solve this and make 'Basic Education and Literacy'

approachable to all, the fourth chapter of Nena Aruna was created in Rotary International year 2021-22 with the goal of making the lives of curious minds earn the greatest use of education under one roof. Dikhena Kanishta Vidyalaya is one of the main educational centers in Dikhena, Baduraliya area.

It was noticed that the students are doing their academic work while facing various challenges. Our target is to become a helping hand for the students through a set of sub-projects that we have planned in order to enhance their learning experience and develop the overall quality of life. The following issues can be presented as the problems the students are facing through their educational journey. First and foremost, many families in this village can't afford technological devices to get connected to the Internet as the majority of the villagers of Dikhena are employed in nearby tea estates rather than in the private or government sector. Furthermore, poor signal strength, not having enough classrooms and teachers, the unfulfilled requirement of an outdoor classroom, lack of sports appliances, lack of electrical appliances needed for a kitchen to study Home Science, not having enough space and other facilities for a Smart Board and lack of proper facilities for the IT lab can be listed down as the problems they face.

We are currently preparing to start a partnership proposal and are planning on going on our first site visit.

Manusath Handa

CO-CHAIRS - RTR. RANDUNI YASASNA RTR. CHANUPA DEVNITH WIJESINGHE

Manusath Handa is an initiative aimed at the enhancement of the visually impaired child community. The core of the project is maintaining an audio knowledge library website for these children with the help of volunteers who stepped forward to donate their voice. The free audio library is hosted online at manusathhanda.rotaractmora.org. Up to date, we have recorded a collection of 600+ audio clips filled with knowledge including magazines, short stories, past papers in both Sinhala and Tamil medium, spoken English courses and computer courses where we strive to develop them far and further. By all means, our vision is to ensure equal learning rights to every child and make them not feel that they are less prospered by any degree.

As the first phase, which will be around the end of January, we have planned to extend the availability of past papers in English medium this time, along with updating more past papers for the Sinhala and Tamil mediums. Also for the second phase in February, we have planned a voice donation camp as a sub project where we are expecting to give English (mainly focusing on grammar) and IT sessions conducted by volunteers via online tutoring.

Apart from this, we have also planned awareness programs regarding the project where we will be visiting blind schools and having friendly sessions to interact with the children there, and with other students for them to get to know about this website where they have access to all the past papers they may require to aid in their studies.

Andurata Athvelak - Unseen Harmonies

CHAIR - RTR. CHATHUSHI KAVINDYA RTR. HIMASH RUWANGA RTR. RUSHINI MAHAGODAGE



Initiated under the project Andurata Athvelak, the sub-project Unseen harmonies was executed for the consecutive 2nd year on the 22nd of December at the One Galle Face Mall from 4pm to 5pm.

The project's aim is to set out a venue and make the other necessary arrangements for carols sung by a blind choir. Apart from spreading joy, providing financial support for the blind community in this Christmas season was also an expected goal from this project.

Clubs such as Enable Lanka foundation, Big Heart Community and Global Shapers' Colombo collaborated with the Rotaract Mora in support for the good cause.

As last year, One Galle Face Mall was the official venue partner for the project. After a date and venue confirmation with the One Galle Face Mall, it was up to the Rotaractors of UOM to manage the rest, from commuting the choir to the venue to arranging the stage fittingly.

As an appreciation for the choir, a monetary gift was presented by the One Galle Face Mall. The donations were collected with the help of a generous audience and were presented to the talented choir. With the end of a joyous evening, it is safe to say that the project Unseen harmonies was a success.

INTERNATIONAL SERVICE

RMMUN

CO-CHAIRS - RTR. AMASHA WEERASINGHE RTR. KAVIN SIRIWARDANA RTR. NIPUN MILINDA RTR. PASAN RATHNAYAKA

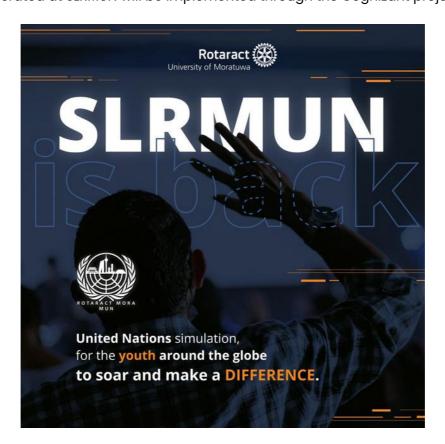
RTR. ZAKY AHMED

The international service avenue proudly presents RMMUN for the third consecutive year with the vision to discern a perfect cosmopolitanism through diplomacy and global understanding, leading and empowering the backbone of the country, "youth", and providing them with a solid platform to harness their potential to make an impactful change.

The sub projects are Congrego, where participants are guided to be the best MUN delegates and UN Days Flyer and Blog Series was implemented according to UN international days as an awareness campaign. Next main sub project of RMMUN is SLRMUN- Sri Lanka Rotaract Model United Nations Global Conference.

SLRMUN's core focus is on finding creative and diplomatic solutions to problems that affect everyone either directly or indirectly. And last but not least,

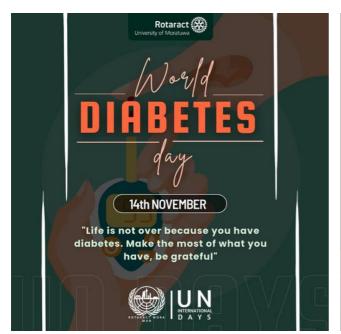
the ideas generated at SLRMUN will be implemented through the Cognizant project.

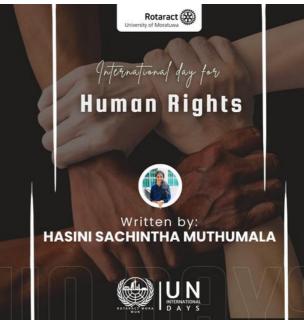


UN days and flyers

International days are occasions to raise awareness of pressing issues, to enlist political support and resources for solving global difficulties, and to recognize and celebrate the accomplishments of mankind.

We utilise UN days on the way to the SLRMUN conference to remind all of the issues that our union needs to consider. UN International Days is executed through a blog and a flyer about a certain UN day where we give the opportunity to the undergraduates to express their opinions.





Congrego

The sub-project Congrego was initiated to introduce MUN and MUN protocols to the undergraduates of University of Moratuwa. Since MUN culture is getting popular among the modern youth, several students are interested in participating in this conference, but lack sufficient knowledge of the MUN.

Bridging the gap we communicate with these students at Congrego. As the solution, we provide a quick overview of the conference as well as the proper information on how to participate inside out. Further, we elaborate about committees that we will be addressing during the conference.

Through some exciting sessions, we walk them through the steps of how to participate in a conference as a delegate, what prizes they may win, and the benefits they get and how it could contribute to making you a better person. Delegates will be led by extremely knowledgeable and skilled MUN delegates during the sessions, later talented committee chairpersons will brief about the conference committees. Finally, delegates will be prepared to take part in the practice debate before the conference, developing their skills in management, public speaking, debating and writing so that they can direct themselves toward SLRMUN confidently.

Boon Digiti

CO-CHAIRS - RTR. MANUSHA FERNANDO RTR. DAMSITH ADIKARI RTR. ALOKA LENEROLLE

The goal is to teach and share knowledge aboutbasic IT skills with students from other countries.

"Boon Digiti" is a novel service project aimed at elevating the basic understanding of Information Technology (IT) among undergraduates, students and teachers in Tanzania. Extending the scope of the project, we decided to launch a website and design more courses and publish them in the second phase of the project. This phase will further allow us to impart knowledge in the African and South Asian regions.

They can refer to more subjects and areas in the IT field from the website. They can learn them while testing their knowledge by doing quizzes. At the end, they will receive a valid certificate for the course completion. As for the new subjects we have selected Graphic Designing, Digital Marketing, Road to Programming, LinkedIn, Canva, Hackerrank, SEO, Coursera, Cyber security and Artificial intelligence, as well as An Introduction to Computer, Microsoft Word, Microsoft Excel, Microsoft PowerPoint, Microsoft Publisher, and Windows Installation.

Now we have completed 80% of the website. Further we also joined the Rotaract Club of San Francisco and the Rotaract Club of Mwenge Catholic University.

Manilanz

CO-CHAIRS - RTR. HEVINDU HARSHANA RTR. RUKSHAN FERNANDO

Manilanz is a newly implemented project in the IS avenue. It is based on freelancing and contributing. We are planning to make an account under the Rotaract Club of University of Moratuwa through Manilanz. Our volunteers will do the jobs that we find, and at some point, they can earn money while doing volunteer work.

This project will proceed in two phases. In the first phase we will publish a Fiverr profile and then do the orders we find. In the second phase, we will do a service project with the profit we get. So our ultimate goal is to enable them to contribute their skills to this service project.

You can even earn money from the projects that you do, as if the cost of the project is more than \$10, we will set aside some money for the service project and the rest would be given back to the volunteer. As for the service project, we hope to donate lunch to an orphanage. At the moment, we have the account set up and are looking for volunteers.

PROFESSIONAL DEVELOPMENT

KERDIZO 1.0

CO- CHAIRS - RTR. NIMODH PERERA
RTR. JANINDU BANDARA
RTR. CHYAGA HANDUNPATHIRANA



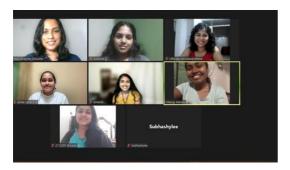
Undergraduates are given a platform and taught to make extra money while managing their academics through the project Kerdizo I.O. Through a series of workshops, they get to discover the skills they require, and they will be given opportunities in their respective fields that are both locally and globally accessible. Workshops in Web development, App development, Graphic design, small business, and entrepreneurship are to be offered in the first phase.

Plans are made for the second phase, where we are hoping to approach platforms, resource people, and websites that are both locally and internationally accessible, request additional earning opportunities from them, and then assign those to our enrolled undergraduates so that they can finish the tasks that have been assigned to them and earn more money.

The workshops are set to take place on January 5, marking the end of the first phase. Afterwards we intend to collaborate with a few platforms in the second phase to assign work to the chosen undergraduates.

MentHer

CO-CHAIRS - RTR. BUVANI GURUGE RTR. VIHANGI MENDIS RTR. KISALI THUMARA





MentHer is a mentorship programme hosted by prominent female industry leaders to guide female undergraduates of University of Moratuwa throughout their professional and personal life.

This year 7 mentors got on board for the program representing 7 different fields like Business, Production, Research and Development, Medical, Construction, IT and Apparel. The mentor board consisted Ms.Pathmila Herath; Delivery Manager at GTN for business, Ms.Bani Chandrasena; Vice President of DCLK for Research and Development, Ms.Imani Perera; Head of Learning and Development at John Keells for production, Ms.Rashmira Balasuriya; Doctor at Kings Hospital for Medicine, Ms.Sihara Gallage; Civil engineer at Access Engineering PLC for construction, Ms.Nadini Sahabandu; Senior Manager at Mitra Innovation for IT and Ms.Dinusha Wijayagunarathna; Senior Executive Talent Acquisition at MAS for Fashion Design and apparel respectively.

Around 65 mentees joined for the program and they were divided into 7 groups as 9-10 per each group. Four sessions were conducted for each group while the Apparel industry group mentor conducted 5 sessions for that group.

Undergraduates who got registered for MentHer were able to get the opportunity to interact with well experienced professionals and realise their own strengths and weaknesses.

Scholar

CO-CHAIRS - RTR. ANUJITHA ATHUKORALA RTR. MADARA PALIHAKKARA

"No one is useless in this world who lightens the burdens of another."

This is a project targeting the undergraduates of the university with economical hardships with the Mosvold Martinus Foundation. An overall survey of the university was done in June and 50 undergraduates with economical hardships were selected. They were offered with a fund of 5000 rupees per month for a duration of nine months. Especially last year, as the economic crisis was rising day by day, another 50 undergraduates with economical hardships were selected separately and provided with vouchers from Keells Supermarket worth 10 000 rupees for a duration of three months.

ENVIRONMENTAL SERVICE

Urbanscape

CO-CHAIRS - RTR. CHANODYA WALPOLAPITIYA RTR. SHACHINTHA BOTHEJU RTR. NISAL SHANAKA

"A garden is not a palace, it's a journey"

This is a dynamic project which is progressing gradually under the concept of sustainable gardening. Knowledge about balcony gardening is provided to people in a specific apartment complex and a competition is being held to select the apartment with best balcony gardening. A cash prize will be given to the winner. An awareness programme with the collaboration of the Green Building Council is lined up to be held this February 2023. The members are searching for an apartment in regard to the competition and also partnership proposals are being pushed forward as this is a project with a heavier budget. And there is an initiative to collaborate with the Urban Development Authority as well.

Zooxanthellae

CO-CHAIRS - RTR. AVISHKA JANITH
RTR. ASEL IKSURA
RTR. CHAMODI WELMILLA











"Preserve and cherish the pale blue dot, the only home we've ever known" - Carl Sagan

The Zooxanthellae project is all about reconstructing mother nature for the best. The coral transplanting program continues this year as well with its current focus area being Kamburugamuwa. After having the boulders deposited and the corals transplanted, the monitoring exhibiting sessions were held on the 12th of August and the 12th of November. Exhibiting successful coral growth in the previously targeted area, Mirissa, the final monitoring session was held on the 13th of November, after which the project was deemed complete upon fruitful results.

For the monitoring sessions professional divers were hired for a fee of 5000 rupees each. Unfortunately, with the current economic crisis in the island, it seemed difficult to employ professional divers for every session. As a solution, five undergraduates from 21st Batch were selected to be trained as divers for due sessions. They were trained on the 11th and the 12th of November and they participated in the mentoring session held on the latter date.

This year a beach cleanup was conducted at the Rathgama beach on the 17th of September to commemorate Coastal Cleanup day. After which followed a brand audit and an items audit categorising the garbage collected brand wise and type wise.

A new initiative "underwater farming" is in the books for this new year. Going beyond coral planting, seaweeds and seagrass plantation are expected to take place. This new expansion is expected to launch from January 2023. As always, the project Zooxanthellae manages to restore nature to its default best via a fresh view.

MEMBERSHIP DEVELOPMENT

Induction Ceremony

CO-CHAIRS - RTR. NAVODI WIJESEKARA
RTR. SHAMITHA MADUWANTHA

The induction ceremony for the year 2022/23 was planned in order to warmly welcome the first set of young Rotaractors of the family while appreciating their decision to join

Rotaract Mora.The event took place in the ENTC-PG seminar hall on 26th of October from 4.30 p.m. onwards. New members were warmly welcomed to the family as well as special appreciation tokens were presented as honourable mentions highlighting the active members of the club.

Rota Spark

ROTA SPARK

CO-CHAIRS - RTR. BOOSHANA NAMUDAR

RTR. HESHANI PERERA RTR. NAVODI WIJESEKARA RTR. THEEKSHANA PERERA

RTR. CHYAGA HANDUNPATHIRANA

By giving University of Moratuwa undergraduates a detailed overview of the club's mission and its unique projects, Rota Spark, a Membership Development initiative, is a project which aims to increase awareness about the club among its targeted audience by conducting a series of fun-filled competitions.

Rota Spark is scheduled to eventuate for a period of three months.

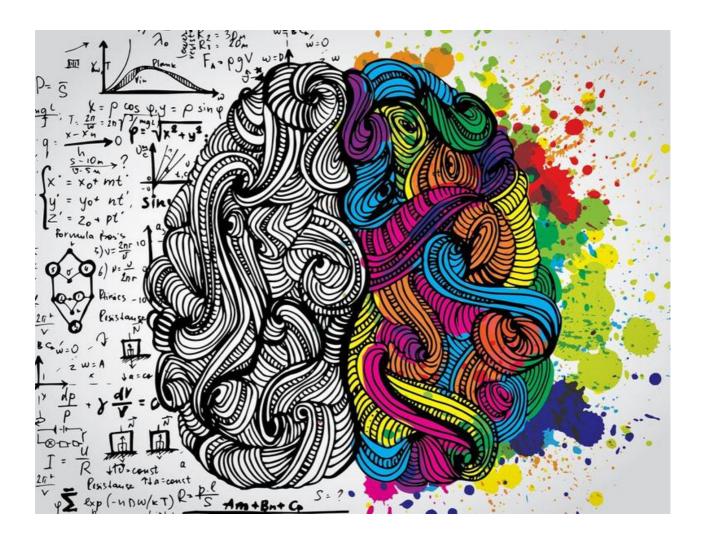
This is the first subproject under the main project and serves as the primary venue for showcasing the graphic designing and video editing abilities of our recent recruits. Under this subproject, competitions for creating wallpaper and introductory videos are planned to be conducted. It should also be noted that for most of the newcomers, this is the first time they'll be taking part in a university activity. In Ignition, an editorial competition is included, along with two sessions. The two distinct sessions' major goals are to give the incoming junior batch a thorough understanding of Rotaract movements and to conduct the editorial competition, which will give the 22nd batch of undergraduates a greater platform to showcase their writing skills. Open Week is the last chapter of "Rota Spark." Here, we'll provide the incoming junior batch the chance to talk with our very own directors to get their questions answered. In addition, we might think of this as the "Revelation" project's cornerstone.

We are currently doing the initial planning of the project and are planning to open registrations in the 3rd week of January.

SPORTS AND SPECIAL SERVICE

Manasa

Manasa is a project that aims to mobilise support for mental health and increase awareness of mental health concerns. Main objectives of this project are, to raise the standard of society's mental health, bring about a cure for the major mental illnesses that are now afflicting society, such as stress, depression, migraines, and behavioural and emotional disorders in people, educate more people about mental health conditions and implement early-stage identification methods. There will be psychiatric training sessions that can be used to help people who are suffering from mental disorders.





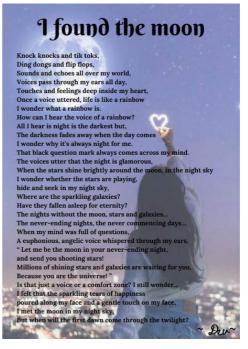
Kavishna Munasinghe Faculty of Medicine 21st batch



Sahra Naasir Faculty of Medicine 20th batch



Chamudi Lashani Faculty of Medicine 20th batch



Devnie Jayasinghe Faculty of Medicine 20th batch



Jeffry Fabrizio Faculty of Architecture 21st batch



Daham Satharasingh Faculty of Architecture 21st batch



Daham Satharasingh Faculty of Architecture 21st batch

මොරටු යකා සම්මුඛ වීම!

පුදුම හිතුනා කතාකලහම උඹට මාවත් පේනවා දෙනෝදාහක් මෙතන උන්නට එකෙක් නෑ මගහරිනවා හදේ පුපුරන දැවෙන දුක්ගිනි අහස්ගව් පරදවනවා මල්ලි අහපං මගෙ කතාවම උඹට බුදු බව ලැබෙනවා

හරිම සුන්දර ගෙවුනු කාලය මුල්මකාලේ මුල් දවස් මටත් මතකයි ආපු හැටි මුල්මදා උඹ වගේ කැම්පස් මාත් හිතුවා ජීවිතේ ජයගන්න ඉහළින් කරලා ජයගොස් හිතුවෙ නෑ දුක වැඩෙයි කියලා ජීවිතේ කරලා උකස්

ඒ තරම් ලස්සන දෙනෙත් දැකලා තිබුනේ නෑ කලින් ඒ තරම් සුන්දර වදන් අහලා තිබුනේ නෑ කලින් ඒ තරම් සුන්දර හිතක් දැනිලා තිබුනේ නෑ කලින් ඒ තරම් සුන්දර හැඟුම් විදලා තිබුනේ නෑ කලින්

අපිව අපිටම මවලා තිබුනා ඒ තරම් ලෙන්ගතුකමින් වචන නැතුවත් සැදුවා මාගේ තැවුල් සිත් හරි ආදරෙන් වෙන්ව සිටියත් මිනිත්තුවකට සොයන් එනවා ලැබුනු විගසින් දෙවසරක් ගතවුනා නොදැනී නිසා අප අපගේ ළඟින්

අහස කලු වී හඬලා කිව්වා වෙන්න යන නපුරක් උදෙන් හිතුවෙ නෑ මං අපිට කියලා කරලා නෑ වරදක් හොරෙන් හොඳම හදවත් කලින් ගන්නෙ ඇයිද කියලා මේ ලොවෙන් තාම හොයනවා ඊට හේතුව හිරවෙලා හදගින්දරෙන්

ඕනවුනෙ ඈට දිව එන්න මා වෙත ඉක්මනින් වැස්සෙ කොල රතු එළිය සරදම් කලා එද්දී කහ ඉරෙන් ආපු බස් එක නැවතුනේ නෑ ගියා සුදුමල යට කරන් මගේ පපුවත් නැවතුනා මල්ලියේ එය දුටු සැනින්

යකා කිව්වට මොරටුවේ මමත් සෙනෙහස දන්නවා ආයෙමත් ඒවිදෝදැයි ඇය තවම මං මඟ බලනවා උඹෙත් හදවත හොදයි උඹට මාවත් පේනවා මල්ලියේ හම්බුනොත් කියපන් තාම වල ළඟ ඉන්නවා

> H K Sineth Kumarasiri Faculty of Architecture 20th batch

ON THE WAY
ONE DAY I
CAME TO A NEW PARADISE
LOTS OF LOP WINNERS
KIND OF PATHS
FRIENSHIPS, BONDS & MEMORIES

ON THAT WAY
ALSO FLY FREE
BUT NOT FULL OF CARE FREE LIFE

TALKING, LAUGHING, CRYING
SHARING, BONDING, JOINING
LOVE, HOPES, DREAMS, TARGETS
CONNECTIONS, BONDS.......
THAT'S THE POINT OF LIFE
BONDS, DREAMS, TARGETS
WINNERS, FALIERS, TARGETACIVERS.....
ALL TOGETHER, GO AHEAD
WIN YOUR LIFE
WITH BONDS, TARGET &
MEMORIES

MY UNI LIFE

Rushini Mahagodage Faculty of Engineering 21st batch

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